

NICOLE ROSE

Herbalist | medic | organiser

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HERBALIST TRAINING

- Herbal Practitioner Diploma, Plant Medicine School, Ireland, 2021, 2650 hours
- Vitalist Herbalist Practitioner Program, School of Evolutionary Herbalism, US, 2020, 120 hours
- Pediatric Herbalism, Herbal Medics Academy, US, 2021, 20 hours
- Herbs for the Childbearing Year, Herbal Medics Academy, US, 2021, 12 hours
- Venomous Bites & Stings, Herbal Medics Academy, US, 2021, 10 hours
- Advanced Herbal Actions and Formulation, North American Institute of Medical Herbalism, US, 2019, 36 hours
- Herbal Safety Seminar, North American Institute of Medical Herbalism, US, 2019, 32 hours
- Systemic Inflammation, Food Intolerance, and Autoimmunity: Pathophysiology and Natural Therapeutics, North American Institute of Medical Herbalism, US, 2019, 30 hours
- Fatigue: Pathophysiology, Natural Therapeutics, and Adaptogens, North American Institute of Medical Herbalism, US, 2019, 30 hours
- Lunar Apothecary, Alexis J. Cunningfolk, US, 2019, 12 months
- Infection & Wound Management, Herbal Medics Academy, US, 2019, 10 hours
- Making your own Herbal Medic First Aid Kit, Herbal Medics Academy, US, 2019, 8 hours
- Certificate of Herbal Studies, New Vitality Tuition, UK, 2009
- Advanced Diploma in Herbalism, School of Natural Health Sciences, UK, 2009

TRAUMA TRAINING

- Trauma & the Body, Carolyn Spring, UK, 2020, 6 hours
- Becoming a Trauma-Informed Professional, Haylin Belay, US, 2022, 2 hours
- Working with trauma in a time of trauma, Working with trauma that has become stuck, Working with trauma triggers and flashbacks, Working with trauma memories Carolyn Spring, UK, 2022, 10 hours

REPRODUCTIVE HEALTH TRAINING

- Medications for Abortion, Miscarriage, and Pregnancy Loss Course, Molly Dutton-Kenny, US, 2021, 5 hours
- Abortion Course: Quality Care and Public Health Implications, Innovating Education in Reproductive Health, UCSF Bixby Center for Global Reproductive Health, US, 2021, 6 weeks
- Miscarriage & Abortion Support E-Course, Samantha Zipphorah, US, 2020, 20 hours
- Self-Managed Abortion, Herbal & Hybrid Trainings, Autonomous Pelvic Care, US, 2020, 6 hours
- Herbal Contraception, Autonomous Pelvic Care, US, 2020, 2 hours

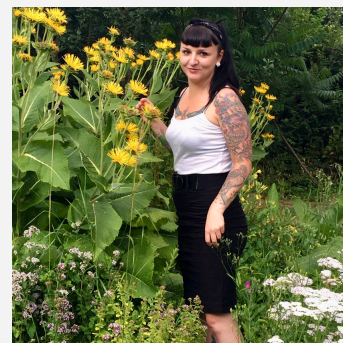
POSITIONS & PROJECTS

Solidarity Apothecary, 2019 - present

- Online clinic offering 1:1 herbal support to frontline organisers and people experiencing traumatic stress from state violence.
- Supplying people and projects with herbal medicine including establishing Ukraine Herbal Solidarity distributing thousands of medicines to refugees in Poland.
- Distributing copies of the Prisoner's Herbal book to 3000+ prisoners worldwide

Herbalists without Borders Calais, 2019 - present

- Working as Field Coordinator organising trip logistics, inventory management of medical supplies, fundraising & admin support.
- Working as a herbal first aider undertaking practical wound care and dressings and internal medicine support with clinical supervision. The clinic has supported more than 2500 refugees each year.



MEDIC TRAINING

- First Response Emergency Care Level 4 Certificate, Oscar Charlie Medical Rescue, Bristol, UK, 2021, 180 hours
- First Response Emergency Care Level 3 Certificate, Solent Medical Skills, Southampton, UK, 2021, 53 hours
- Austere Medicine: Acute Care, Herbal Medics Academy, US, 2020, 60 hours
- Austere Medicine: Trauma, Herbal Medics Academy, US, 2021, 60 hours
- Street Medic Bridge Training, Do No Harm Coalition, US, 2020, 2 hours
- First Aid at Work, JaLee First Aid Training, Yeovil, UK, 2018, 18 hours

ECOLOGY & PLANT SCIENCE TRAINING

- MSc Applied Agroecology, Gaia University International, Mexico, 2017
- Soil Food Web Training, (soil biology, microscopy, compost, compost tea production), Dr. Elaine Ingham, US, 2018
- BSc Integrative Ecosocial Design, Gaia University International, Mexico, 2012
- Diploma in Applied Permaculture Design, Permaculture Association GB, 2014
- Agroecology, Miguel Altieri, Devon, 2015, 5 days
- Sustainable Woodland Management, Ben Law, Sussex, 2013, 5 days
- Regenerative Agriculture, Darren Doherty, Sussex, 2012, 7 days
- Certificate in Horticulture & Permaculture Design, ACS Education, UK, 2009-2010, 750 hours